

# Utah Subcounty Estimates: Cities, Towns, and Unincorporated Areas, 2025

The 2025 population estimates for Utah’s 255 incorporated cities and towns and 29 unincorporated county areas indicated strong growth for large cities in Utah and Washington counties, population declines in long-established areas, and shifting growth patterns across communities of different sizes.

This inaugural release of statewide subcounty estimates applies the housing unit method to every city, town, and unincorporated area, providing a comprehensive set of estimates aligned with Utah Population Committee (UPC) state and county totals.

### Population Growth

Between 2024 and 2025, 172 communities experienced population increases. Communities in Utah, Salt Lake, Washington, and Tooele counties led this growth. Utah County communities represented half of the ten communities with the largest population growth between July 1, 2024 and July 1, 2025.<sup>1</sup> Salt Lake and Washington counties each contributed two communities to the top ten for population growth, while Tooele County contributed one.

**Table 1: Top 10 Communities in Utah with Largest Population Growth, 2025**

Rank	Community	County	July 1, 2025 Population	2024-2025 Change	2024-2025% Change
1	Saratoga Springs	Utah	60,351	4,682	8.4
2	Eagle Mountain	Utah	65,409	4,169	6.8
3	Salt Lake City	Salt Lake	221,118	3,303	1.5
4	St. George	Washington	107,835	2,526	2.4
5	Lehi	Utah	93,080	2,386	2.6
6	Spanish Fork	Utah	50,282	1,777	3.7
7	Washington	Washington	37,639	1,498	4.1
8	Mapleton	Utah	16,368	1,336	8.9
9	Tooele	Tooele	41,126	1,293	3.2
10	Magna	Salt Lake	36,823	1,277	3.6

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Four of these communities—Saratoga Springs, Eagle Mountain, St. George, and Lehi—appeared in the top ten every year this decade. Mapleton and Tooele joined the list of cities with the largest population growth for the first time this decade in 2025.

Salt Lake City ranked among the top ten for population growth over the past four years, leading in 2023 and 2024. In 2025, it ranked third, adding more than 3,000 residents and standing out among established urban centers facing slower growth or decline.

Two of the cities with the largest absolute growth, Saratoga Springs and Eagle Mountain, also topped the list for fastest growth among communities with 20,000 or more residents in 2025. Other communities with fast population growth between 2024 and 2025 included Washington, West Haven, Spanish Fork, Magna, Heber City, Tooele, Hurricane, and Cedar City.

### Population Decline

Between 2024 and 2025, 100 communities in Utah lost population, down from 128 between 2023 and 2024. Nine communities lost more than 100 residents between 2024 and 2025 compared to 14 communities the year prior.

**Table 2: Top 10 Fastest Growing Communities in Utah with 20,000 or More Residents, 2025**

Rank	Community	County	July 1, 2025 Population	2024-2025 Change	2024-2025% Change
1	Saratoga Springs	Utah	60,351	4,682	8.4
2	Eagle Mountain	Utah	65,409	4,169	6.8
3	Washington	Washington	37,639	1,498	4.1
4	West Haven	Weber	24,960	935	3.9
5	Spanish Fork	Utah	50,282	1,777	3.7
6	Magna	Salt Lake	36,823	1,277	3.6
7	Heber City	Wasatch	20,811	697	3.5
8	Tooele	Tooele	41,126	1,293	3.2
9	Hurricane	Washington	24,589	716	3.0
10	Cedar City	Iron	43,803	1,192	2.8

Source: Utah Population Committee, Kem C. Gardner Policy Institute

**Table 3: Number of Communities in Utah by Type of Population Change: 2020–2025**

Type of Change	2020-2021	2021-2022	2022-2023	2023-2024	2024-2025
Increase	207	189	159	151	172
Increase of 1,000 or more	18	18	15	17	13
Decrease	59	83	115	128	100
Decrease of 100 or more	9	14	14	14	9
No Change	16	10	9	5	12

Note: The total number of communities increased over time due to the incorporations of Erda and Lake Point.  
 Source: Utah Population Committee, Kem C. Gardner Policy Institute

**Table 4: Number of Communities in Utah by Population Size: 2020 and 2025**

Population Size	July 1, 2020			July 1, 2025		
	Number of Communities	Total Population	Percent of State Population	Number of Communities	Total Population	Percent of State Population
Under 1,000	108	49,888	1.5	103	45,915	1.3
1,000 to 4,999	66	146,512	4.5	71	155,732	4.4
5,000 to 19,999	61	600,055	18.3	60	603,571	17.0
20,000 to 49,999	30	959,633	29.2	30	965,917	27.2
50,000 or more	17	1,528,737	46.5	20	1,780,014	50.1

Note: Due to rounding, sum of cities may vary slightly from state total. The total number of communities increased over time due to the incorporations of Erda and Lake Point.  
 Source: Utah Population Committee, Kem C. Gardner Policy Institute

**Communities by Size**

2025 marked the first year that more than half of Utahns lived in a city with a population of 50,000 or more. At the same time, around 27% of the population lived in communities of 20,000-49,999, 17% in communities of 5,000-19,999, 4% in communities of 1,000-4,999, and around 1% percent in communities with populations under 1,000.

Between 2024 and 2025, mid-sized cities (5,000–19,999) experienced the fastest average growth, at 1.5%. This marks a shift from earlier in the decade.

Between 2020 and 2021, communities with populations of 20,000–49,999 grew the fastest on average (2.6%), while large cities with populations of 50,000 or more grew more slowly (1.2%). This pattern aligns with national trends during the COVID-19 pandemic, when growth was faster in mid-sized cities and slower in large cities.<sup>2</sup>

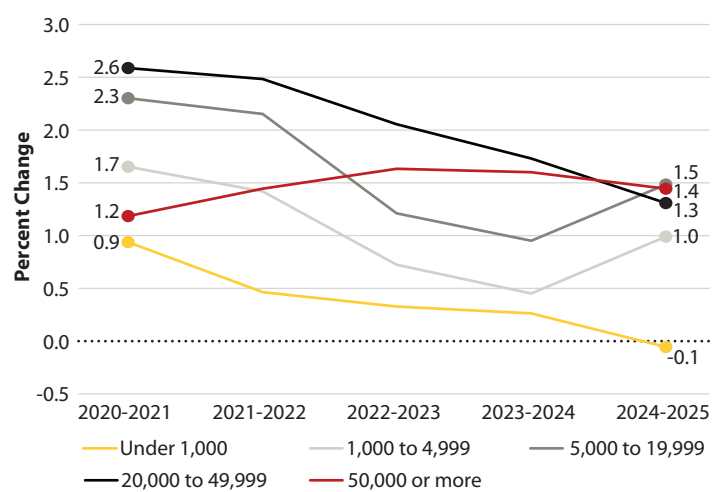
Following slower growth in large cities in 2021, high levels of multifamily permitting contributed to faster average growth in 2022 (1.4%), 2023 (1.6%), and 2024 (1.6%). Over the same period, communities with populations of 20,000-49,999 experienced declining average growth.

Eagle Mountain, Saratoga Springs, and Spanish Fork all surpassed 50,000 during the decade (in 2022, 2023, and 2025, respectively). The increases in these communities impacted average growth rates in both the 20,000–49,999 and 50,000 or more population groups.

Smaller communities with populations of 1,000–4,999 and 5,000–19,999 showed similar declines in average growth earlier in the decade. Between 2024 and 2025, however, both groupings experienced notable increases in average growth (around 0.5 percentage points each).

Small towns with fewer than 1,000 residents grew on average by 0.9% in 2021. By 2025, their average growth rate had fallen to -0.1%, indicating an overall population decline. However, not all towns experienced losses.

**Figure 1: Average Annual Percent Change by Community Size**



Note: Communities are grouped based on their population size in the more recent year of the comparison. For example, average percent change between 2023-2024 is determined based on community population size in 2024.  
 Source: Utah Population Committee, Kem C. Gardner Policy Institute

**Table 5: Utah Communities with 50,000 or More Residents, 2025**

Fastest Population Growth				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Saratoga Springs	60,351	4,682	8.4
2	Eagle Mountain	65,409	4,169	6.8
3	Spanish Fork	50,282	1,777	3.7
4	Lehi	93,080	2,386	2.6
5	St. George	107,835	2,526	2.4

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Fastest Population Decline				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Orem	97,486	-943	-1.0
2	Sandy	94,988	-751	-0.8
3	Taylorsville	58,487	-274	-0.5
4	Provo	117,454	-498	-0.4
5	Logan	56,857	-203	-0.4

**Table 6: Utah Communities with 20,000 to 49,999 Residents, 2025**

Fastest Population Growth				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Washington	37,639	1,498	4.1
2	West Haven	24,960	935	3.9
3	Magna	36,823	1,277	3.6
4	Heber City	20,811	697	3.5
5	Tooele	41,126	1,293	3.2

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Fastest Population Decline				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Kearns	36,243	-286	-0.8
2	Pleasant Grove	38,088	-192	-0.5
3	Roy	38,231	-190	-0.5
4	Midvale	37,032	-74	-0.2
5	Springville	36,523	-52	-0.1

**Table 7: Utah Communities with 5,000 to 19,999 Residents, 2025**

Fastest Population Growth				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Salem	12,304	1,031	9.1
2	Mapleton	16,368	1,336	8.9
3	Nibley	8,903	668	8.1
4	Grantsville	15,788	665	4.4
5	Enoch	8,981	359	4.2

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Fastest Population Decline				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Cedar Hills	9,802	-116	-1.2
2	White City	5,257	-49	-0.9
3	Farr West	7,919	-60	-0.8
4	Washington Terrace	8,998	-68	-0.8
5	Park City	8,284	-56	-0.7

**Communities with Populations of 50,000 or more**

Of the 20 communities with populations greater than 50,000 in 2025, Saratoga Springs (8.4%), Eagle Mountain (6.8%), Spanish Fork (3.7%), Lehi (2.6%), and St. George (2.4%) had the fastest growth rates. Only five communities experienced population declines. All are long-established communities in Utah, Salt Lake, and Cache counties.

**Communities with Populations Between 20,000 and 49,999**

Thirty communities had populations between 20,000 and 49,999 in 2025. Of those, Washington (4.1%) and West Haven (3.9%) had the fastest growth, and Kearns (-0.8%) and Pleasant Grove (-0.5%) had the fastest decline.

**Communities with Populations Between 5,000 and 19,999**

Among the 60 mid-sized communities with populations between 5,000 and 19,999, 44 experienced population growth and 16 experienced declines between 2024 and 2025. Two communities in Utah County—Salem and Mapleton—had the fastest growth (9.1% and 8.9%, respectively). Another Utah County community, Cedar Hills, had the fastest decline (-1.2%).

**Communities with Populations Between 1,000 and 4,999**

Seventy-one communities had populations between 1,000 and 4,999 in 2025. Forty-seven experienced population growth, 22 experienced decline, and two remained the same. Richmond had the fastest growth in this group (6.2%), while Panguitch had the largest percent decrease (-1.4%).

**Communities with Populations Under 1,000**

Among the 103 communities with populations under 1,000 in 2025, populations grew in 41, declined in 52, and did not change in ten between 2024 and 2025. Of those that grew, six added ten or more residents, while six others lost ten or more.

**Table 8: Utah Communities with 1,000 to 4,999 Residents, 2025**

Fastest Population Growth				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Richmond	3,209	188	6.2
2	Willard	2,446	117	5.0
3	Hideout	1,197	57	5.0
4	Uninc. Grand County	4,440	179	4.2
5	Garland	2,867	114	4.1

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Fastest Population Decline				
Rank	Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
1	Panguitch	1,697	-24	-1.4
2	Elk Ridge	4,848	-57	-1.2
3	Oakley	1,520	-15	-1.0
4	La Verkin	4,361	-43	-1.0
5	Uintah	1,371	-11	-0.8

**Table 9: Utah Communities with Populations Under 1,000, 2025**

Growth of 10 or More Residents			
Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Garden City	852	20	2.4
Mayfield	604	17	2.9
Castle Valley	379	14	3.8
Rocky Ridge	970	13	1.4
Elsinore	861	12	1.4
Uninc. Garfield County	959	11	1.2

Source: Utah Population Committee, Kem C. Gardner Policy Institute

Loss of 10 or More Residents			
Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Daniel	825	-19	-2.3
Uninc. Daggett County	498	-14	-2.7
Leeds	819	-12	-1.4
Charleston	414	-10	-2.4
Circleville	610	-10	-1.6
Escalante	745	-10	-1.3

**Background on Subcounty Estimates**

The Utah Population Committee (UPC), chaired and staffed by the Kem C. Gardner Policy Institute, produces population estimates for incorporated cities and towns and the unincorporated portion of each county. These estimates detail population change for subcounty areas\* across the state.

This is the first statewide release using the housing unit method for every city, town, and unincorporated area within a county. This release builds on a decade of subcounty estimate work conducted at the Gardner Institute.

In 2025, Utah included 255 incorporated cities and towns, along with 29 unincorporated county areas. For incorporated places that span multiple counties, separate estimates were generated for each place–county combination, resulting in a total of 289 distinct place estimates.

This release incorporated several processing updates, which were applied across the full 2020–2025 time series. Note that

\* For these estimates, the term “subcounty” includes incorporated cities and towns within each county, as well as the unincorporated portion of a county.

estimates for all years represent municipal boundaries as of July 1, 2025. As a result:

- Estimates for the full time series (2020-2025) are produced for communities that were incorporated during the decade (Erda and Lake Point).
- Estimates are not produced for communities that were incorporated after July 1, 2025 (Ogden Valley and Spring Lake). Estimates for these communities will be produced for July 1, 2026.
- Estimates may differ from previously published estimates due to other annexations or processing improvements.

Full details can be found at <https://gardner.utah.edu/user-guide-utah-population-committee-subcounty-estimate-methodology-2020-2025>.

**Methodology**

The housing unit method—a widely used approach for small-area population estimation—drives these estimates<sup>3</sup>. The model starts with a base count of the household population from the decennial census and updates it based on the number of new housing units and Census tract-level persons per housing unit. The model then adjusts household growth to align with county totals and combines it with estimates of the group quarters population to produce an annual total population estimate.

**About the Utah Population Committee (UPC)**

The UPC creates population estimates at the state, county, and subcounty level. State statute delineates membership in the committee, with membership including representatives with data and demographic expertise in the state. The Kem C. Gardner Policy Institute chairs and provides technical staff for the committee.

In the 2025 Utah General Legislative Session, the Legislature passed HB379. The legislation identified estimates produced by the Utah Population Committee as the standard population source for most cases in state code.

**Table 10: Utah Cities, Towns, and Unincorporated Areas, 2025 Population Estimates**

Community	July 1, 2025 Population	2024-2025 % Change	2024-2025 % Change
Alpine	10,475	-38	-0.4
Alta	224	-1	-0.4
Altamont	245	3	1.2
Alton	115	0	0.0
Amalga	492	7	1.4
American Fork	43,375	899	2.1
Annabella	836	5	0.6
Antimony	109	-2	-1.8
Apple Valley	963	8	0.8
Aurora	963	-1	-0.1
Ballard	1,134	6	0.5
Bear River City	859	-2	-0.2
Beaver	3,797	67	1.8
Bicknell	321	-1	-0.3
Big Water	437	-3	-0.7
Blanding	3,291	-13	-0.4
Bluff	270	1	0.4
Bluffdale	19,448	267	1.4
Boulder	233	-1	-0.4
Bountiful	44,500	15	0.0
Brian Head	174	0	0.0
Brigham City	20,603	450	2.2
Brighton	462	6	1.3
Bryce Canyon City	319	-4	-1.2
Cannonville	181	-3	-1.6
Castle Dale	1,531	-2	-0.1
Castle Valley	379	14	3.8
Cedar City	43,803	1,192	2.8
Cedar Fort	437	-1	-0.2
Cedar Hills	9,802	-116	-1.2
Centerfield	1,451	15	1.0
Centerville	16,553	-3	-0.0
Central Valley	670	4	0.6
Charleston	414	-10	-2.4
Circleville	610	-10	-1.6
Clarkston	723	2	0.3
Clawson	165	-1	-0.6
Clearfield	35,595	384	1.1
Cleveland	507	3	0.6
Clinton	23,859	81	0.3
Coalville	1,533	28	1.9
Copperton	789	-7	-0.9
Corinne	854	-1	-0.1
Cornish	292	9	3.2
Cottonwood Heights	32,875	96	0.3
Daniel	825	-19	-2.3
Delta	3,695	19	0.5
Deweyville	408	-1	-0.2
Draper	52,358	216	0.4
Duchesne	1,690	32	1.9
Dutch John	145	-3	-2.0
Eagle Mountain	65,409	4,169	6.8

Community	July 1, 2025 Population	2024-2025 % Change	2024-2025 % Change
East Carbon	1,510	-3	-0.2
Elk Ridge	4,848	-57	-1.2
Elmo	412	1	0.2
Elsinore	861	12	1.4
Elwood	1,158	-3	-0.3
Emery	312	5	1.6
Emigration Canyon	1,446	-11	-0.8
Enoch	8,981	359	4.2
Enterprise	2,150	8	0.4
Ephraim	6,317	104	1.7
Erda	3,772	53	1.4
Escalante	745	-10	-1.3
Eureka	655	-1	-0.2
Fairfield	172	2	1.2
Fairview	1,325	27	2.1
Farmington	27,034	255	1.0
Farr West	7,919	-60	-0.8
Fayette	265	0	0.0
Ferron	1,477	5	0.3
Fielding	559	8	1.5
Fillmore	2,833	-21	-0.7
Fountain Green	1,299	16	1.2
Francis	1,524	-5	-0.3
Fruit Heights	5,991	-6	-0.1
Garden City	852	20	2.4
Garland	2,867	114	4.1
Genola	1,666	14	0.8
Glendale	304	-1	-0.3
Glenwood	466	2	0.4
Goshen	1,006	2	0.2
Grantsville	15,788	665	4.4
Green River	846	-2	-0.2
Gunnison	3,755	64	1.7
Hanksville	162	0	0.0
Harrisville	6,913	43	0.6
Hatch	131	-2	-1.5
Heber City	20,811	697	3.5
Helper	2,059	-3	-0.1
Henefer	801	-8	-1.0
Henrieville	210	-3	-1.4
Herriman	63,525	803	1.3
Hideout	1,197	57	5.0
Highland	21,588	460	2.2
Hildale	1,171	17	1.5
Hinckley	622	2	0.3
Holden	444	2	0.5
Holladay	31,477	265	0.8
Honeyville	1,576	-3	-0.2
Hooper	9,568	128	1.4
Howell	238	0	0.0
Huntington	1,896	-6	-0.3
Huntsville	596	1	0.2

**Table 14: Utah Cities, Towns, and Unincorporated Areas, 2025 Population Estimates (continued)**

Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Hurricane	24,589	716	3.0
Hyde Park	5,770	129	2.3
Hyrum	11,157	251	2.3
Independence	109	-2	-1.8
Interlaken	161	-4	-2.4
Ivins	9,985	16	0.2
Joseph	287	2	0.7
Junction	235	-4	-1.7
Kamas	2,173	-16	-0.7
Kanab	5,211	69	1.3
Kanarraville	458	0	0.0
Kanosh	543	2	0.4
Kaysville	33,273	69	0.2
Kearns	36,243	-286	-0.8
Kingston	150	-2	-1.3
Koosharem	309	1	0.3
La Verkin	4,361	-43	-1.0
Lake Point	2,966	-1	-0.0
Laketown	294	-3	-1.0
Layton	84,831	630	0.7
Leamington	270	4	1.5
Leeds	819	-12	-1.4
Lehi	93,080	2,386	2.6
Levan	856	-2	-0.2
Lewiston	1,978	16	0.8
Lindon	12,311	151	1.2
Loa	514	-1	-0.2
Logan	56,857	-203	-0.4
Lyman	201	1	0.5
Lynndyl	112	0	0.0
Magna	36,823	1,277	3.6
Manila	316	-8	-2.5
Manti	3,860	98	2.6
Mantua	1,361	33	2.5
Mapleton	16,368	1,336	8.9
Marriott-Slaterville	2,257	52	2.4
Marysvale	395	-6	-1.5
Mayfield	604	17	2.9
Meadow	324	1	0.3
Mendon	1,292	2	0.2
Midvale	37,032	-74	-0.2
Midway	6,292	-17	-0.3
Milford	1,447	0	0.0
Millcreek	64,159	517	0.8
Millville	2,526	94	3.9
Minersville	807	0	0.0
Moab	5,286	16	0.3
Mona	1,928	14	0.7
Monroe	2,622	31	1.2
Monticello	1,842	-3	-0.2
Morgan	4,594	99	2.2
Moroni	1,704	10	0.6

Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Mount Pleasant	3,967	56	1.4
Murray	53,128	970	1.9
Myton	554	-3	-0.5
Naples	2,376	25	1.1
Nephi	7,495	175	2.4
New Harmony	231	-3	-1.3
Newton	818	4	0.5
Nibley	8,903	668	8.1
North Logan	11,737	111	1.0
North Ogden	21,385	28	0.1
North Salt Lake	24,131	33	0.1
Oak City	627	7	1.1
Oakley	1,520	-15	-1.0
Ogden	87,469	111	0.1
Orangeville	1,218	-4	-0.3
Orderville	587	-4	-0.7
Orem	97,486	-943	-1.0
Panguitch	1,697	-24	-1.4
Paradise	1,013	5	0.5
Paragonah	559	1	0.2
Park City	8,284	-56	-0.7
Parowan	3,189	51	1.6
Payson	25,119	240	1.0
Perry	5,501	49	0.9
Plain City	8,872	279	3.2
Pleasant Grove	38,088	-192	-0.5
Pleasant View	11,214	-20	-0.2
Plymouth	418	-1	-0.2
Portage	272	-1	-0.4
Price	8,406	50	0.6
Providence	9,437	188	2.0
Provo	117,454	-498	-0.4
Randolph	454	-6	-1.3
Redmond	745	-2	-0.3
Richfield	8,570	47	0.6
Richmond	3,209	188	6.2
River Heights	2,085	4	0.2
Riverdale	8,990	-59	-0.7
Riverton	47,698	400	0.8
Rockville	213	-2	-0.9
Rocky Ridge	970	13	1.4
Roosevelt	6,827	-12	-0.2
Roy	38,231	-190	-0.5
Rush Valley	414	-1	-0.2
Salem	12,304	1,031	9.1
Salina	2,434	18	0.7
Salt Lake City	221,118	3,303	1.5
Sandy	94,988	-751	-0.8
Santa Clara	8,277	36	0.4
Santaquin	18,571	445	2.5
Saratoga Springs	60,351	4,682	8.4
Scipio	373	4	1.1

**Table 14: Utah Cities, Towns, and Unincorporated Areas, 2025 Population Estimates (continued)**

Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Scofield	32	2	6.7
Sigurd	394	1	0.3
Smithfield	15,198	603	4.1
Snowville	162	-1	-0.6
South Jordan	88,713	1,017	1.2
South Ogden	17,851	-74	-0.4
South Salt Lake	28,100	216	0.8
South Weber	8,174	55	0.7
Spanish Fork	50,282	1,777	3.7
Spring City	1,065	16	1.5
Springdale	576	1	0.2
Springville	36,523	-52	-0.1
St. George	107,835	2,526	2.4
Sterling	288	3	1.1
Stockton	597	0	0.0
Sunset	5,413	-16	-0.3
Syracuse	39,022	993	2.6
Tabiona	162	2	1.3
Taylorsville	58,487	-274	-0.5
Tooele	41,126	1,293	3.2
Toquerville	1,919	-12	-0.6
Torrey	232	-1	-0.4
Tremonton	12,511	285	2.3
Trenton	517	1	0.2
Tropic	490	-2	-0.4
Uintah	1,371	-11	-0.8
Unincorporated Beaver County	1,378	23	1.7
Unincorporated Box Elder County	11,118	112	1.0
Unincorporated Cache County	7,755	266	3.6
Unincorporated Carbon County	6,954	44	0.6
Unincorporated Daggett County	498	-14	-2.7
Unincorporated Davis County	2,511	8	0.3
Unincorporated Duchesne County	10,788	73	0.7
Unincorporated Emery County	1,558	10	0.6
Unincorporated Garfield County	959	11	1.2
Unincorporated Grand County	4,440	179	4.2
Unincorporated Iron County	12,775	440	3.6
Unincorporated Juab County	1,445	49	3.5
Unincorporated Kane County	1,827	57	3.2

Community	July 1, 2025 Population	2024-2025 Change	2024-2025 % Change
Unincorporated Millard County	3,872	86	2.3
Unincorporated Morgan County	8,747	150	1.7
Unincorporated Piute County	235	-2	-0.8
Unincorporated Rich County	1,048	-1	-0.1
Unincorporated Salt Lake County	7,649	226	3.0
Unincorporated San Juan County	9,595	11	0.1
Unincorporated Sanpete County	5,187	121	2.4
Unincorporated Sevier County	2,961	26	0.9
Unincorporated Summit County	27,484	73	0.3
Unincorporated Tooele County	18,330	457	2.6
Unincorporated Uintah County	22,931	297	1.3
Unincorporated Utah County	8,286	68	0.8
Unincorporated Wasatch County	9,496	92	1.0
Unincorporated Washington County	7,754	6	0.1
Unincorporated Wayne County	1,108	-3	-0.3
Unincorporated Weber County	16,335	456	2.9
Vernal	10,193	92	0.9
Vernon	255	0	0.0
Vineyard	15,232	131	0.9
Virgin	647	-9	-1.4
Wales	367	7	1.9
Wallsburg	267	-6	-2.2
Washington	37,639	1,498	4.1
Washington Terrace	8,998	-68	-0.8
Wellington	1,578	6	0.4
Wellsville	4,106	38	0.9
Wendover	1,072	0	0.0
West Bountiful	5,869	-5	-0.1
West Haven	24,960	935	3.9
West Jordan	123,355	70	0.1
West Point	13,141	284	2.2
West Valley City	139,129	75	0.1
White City	5,257	-49	-0.9
Willard	2,446	117	5.0
Woodland Hills	1,751	27	1.6
Woodruff	164	-2	-1.2
Woods Cross	11,442	-8	-0.1
<b>State</b>	<b>3,551,150</b>	<b>44,351</b>	<b>1.3</b>

Due to rounding, state total is 1 higher than total of cities.

Source: Utah Population Committee, Kem C. Gardner Policy Institute

**Endnotes**

1. The estimates represent the population as of July 1 of each year. Change referenced in this factsheet indicates the difference between the population on July 1 of each year.
2. Spell, L & Perry, M. (2024 May 16). *More People Moved Farther Away From City Centers Since COVID-19*. U.S. Census Bureau. <https://www.census.gov/library/stories/2024/05/exurbs-city-population.html>
3. For more information on the housing unit method and the subcounty estimate methodology, refer to <https://gardner.utah.edu/user-guide-utah-population-committee-subcounty-estimate-methodology-2020-2025>

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(DE) SubCountyEst May2026